

XTERN FOOT DROP ORTHOTIC - SIZING CHART -



FOOT DROP?

GET YOUR LIFE BACK!



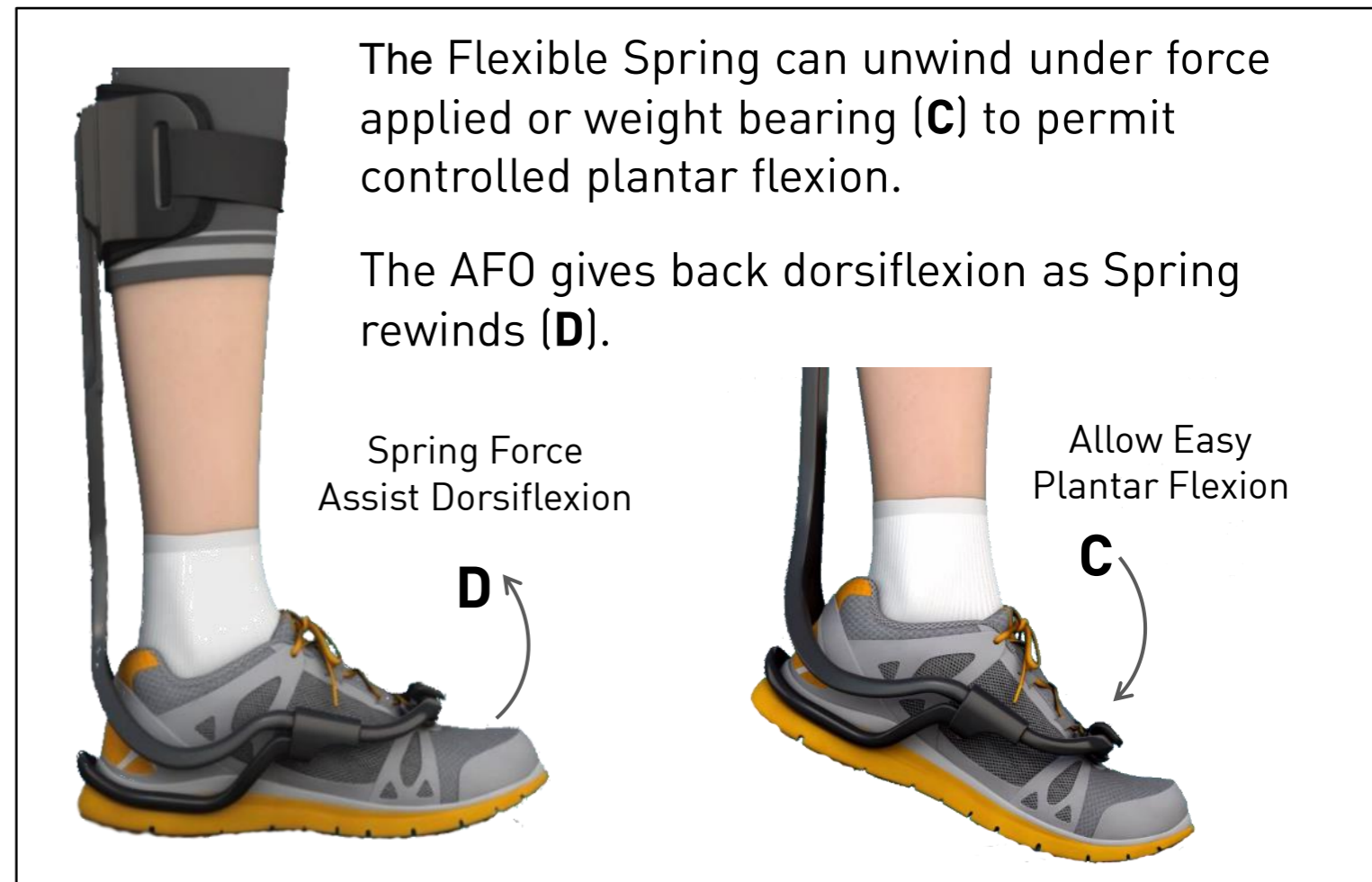
XTERN FOOT DROP BRACE - DORSIFLEXION ASSIST

The XTERN is the only Dynamic AFO totally affixed outside the shoe to maximize comfort, prevent skin breakdown and rubbing injuries to the foot. Its flexibility helps keep maximal ankle range of motion and calf muscle strength.

The XTERN AFO acts as a Preloaded Exo-Skeleton Spring, and transfers dorsiflexion forces directly to footwear to keep foot at 90deg.

US SHOE SIZE			KIT SIZE SELECTION			
			PRODUCT: 100100-SA-L	PRODUCT: 100100-SA-M	PRODUCT: 100100-SA-S	PRODUCT: 100100-SA-P
MEN	WOMEN	KIDS	LARGE	MEDIUM	SMALL	PEDIATRIC
16			X			
15.5			X			
15			X			
14.5			X			
14			X			
13.5			X			
13			X			
12.5			X			
12			X			
11.5			X			
11			X			
10.5	11.5		X	X		
10	11			X		
9.5	10.5			X		
9	10			X		
8.5	9.5			X		
8	9	8 Y		X	X	
7.5	8.5	7.5 Y		X	X	
7	8	7 Y			X	
6.5	7.5	6.5 Y			X	
6	7	6 Y			X	
5.5	6.5	5.5 Y			X	
5	6	5 Y			X	
4.5	5.5	4.5 Y			X	
4	5	4 Y			X	
3.5	4.5	3.5 Y			X	
3	4	3 Y			X	X
2.5	3.5	2.5 Y			X	X
		2 Y				X
		1.5 Y				X
		1 Y				X
		13 C				X
		12.5 C				X
		12 C				X
		11 C				X
		10.5 C				X
		10 C				X
		9.5 C				X

SELECT BEST SIZE FROM PATIENT FOOT WIDTH



XTERN AFO Suggested* HCPCS Code L1951 & L2820

L1951 : Ankle foot orthosis, spiral, (institute of rehabilitative medicine type), plastic or other material, prefabricated, includes fitting and adjustment

L2820: Addition to lower extremity orthosis, soft interface for molded plastic, below knee section

*Suggested L Codes are provided as a reference only. It is the responsibility of the practitioner to confirm this information.

CLINICAL INDICATIONS

- Drop Foot & Dorsiflexion Weakness
- Peroneal Nerve Injury
- Charcot Marie Tooth (CMT)
- Stroke (CVA)
- Multiple Sclerosis (MS)
- Cerebral Palsy (CP)
- Guillain-Barre Syndrome (GBS)
- Motor Neuropathy
- Motor Neurone Disease (MND)

CLINICAL LIMITATIONS

- Inappropriate Footwear
- Gross Fixed Deformities of Foot and Ankle
- Severe Spasticity
- Quadriceps weakness
- Severe Proximal weakness
- Crouch gait

WE RECOMMEND THE QUALIFIED HEALTH CARE PROVIDER ASSESS THE PATIENT WITH AN AT-X ASSESSMENT TOOL.



EASILY TRANSFERABLE!