



Pull the strap firmly to create tension.  
**While tensioning the ankle strap, try to bend your leg/ankle slightly outward.**

Attach Velcro end on the strap while your leg/ankle is slightly bent outward.  
 If Required, You can cut extra length of straps with scissors.



Left Side Installation should look like this.  
 (Right side should look opposite)



Prior to cutting,  
 Remove Alligator Velcro by opening both Velcro flaps.  
 Re-install when cutting is done.

**Inspect final installation prior to using the product.**  
**Look for any contact point between shoe and brace.**  
**You may need some trials to find perfect tensioning to maximize comfort**

**TAKE ADDITIONAL CAUTIONS IF USED ON OPEN SANDALS OR LIGHT SHOES.**



**ANKLE STABILISATION STRAP**  
**INSTALLATION INSTRUCTIONS**  
 PRODUCT CODE: (500100-AST-SML)



2017-05-16 - 500100-AST-SML\_ANKLE STRAP\_V1 (LETTER)



**CLINICAL INDICATIONS:**  
 MILD & MODERATE ANKLE INSTABILITY  
 ANKLE INVERSION



**General Information Safety Guideline:**

**IMPORTANT: Read this document in its entirety before using the product**

- This product is designed to be installed to TurboMed FS3000 external foot drop brace.
- This optional ankle strap is designed to provide additional lateral stability for patient with slight ankle instability.
- Patient should not rely on this ankle strap as an insurance against any ankle injuries.
- Patient should always use the product in the knowledge of its own limits.
- Heed the safety instructions in order to avoid injury or damage to the product.
- This product is for single patient use only.
- Use caution when handling the product.
- Ensure that the orthosis and ankle strap is applied properly and that it fits correctly.
- Check the product regularly to see if it still works properly.
- Stop using the product and /or option if one of its components is or seems to be worn or damaged or in non-appropriate condition.
- Observe the legal and insurance regulations related to operating motor vehicles of any type and have your driving skills tested by the competent authority.
- Stop using the product if unusual changes to the body are observed (ex., the development of a wound, worsening of pain, etc.).
- Stop using the product if there are changes in, or loss of, functionality and have it inspected by your authorized retailer.
- Contact and have advices of a health professional, orthotist, physiotherapist or physician if you experiment any rubbing, injuries or other wound cause by use of the product.
- Clean the product at regular intervals.
- Inspect final installation prior to using the product. Look for any contact point between shoe and brace.

**-TAKE ADDITIONAL CAUTIONS IF USED ON OPEN SANDALS OR LIGHT SHOES**

BEFORE INSTALLATION , YOUR STRAP SHOULD LOOK LIKE THIS.

